



# Fibroadenoma



## What is fibroadenoma?

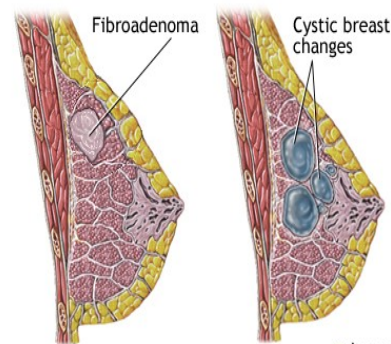
Fibroadenoma is a benign breast lesion which is common. It appears as one or more solid lumps in the breast. It is most often painless and round in size. It is also rubbery making it easy to move around the breast.

## Does a fibroadenoma put me at high risk for breast cancer?

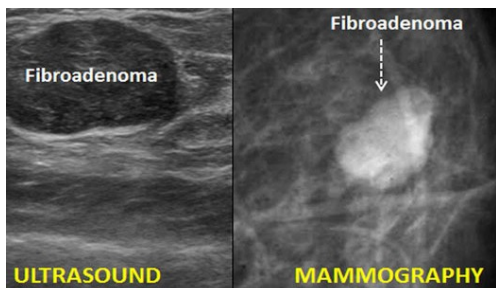
No. Fibroadenoma do not increase anyone's risk of developing breast cancer in their lifetime. Nonetheless, any new lump(s) found in the breast should be examined by one's primary provider.

## How is fibroadenoma treated?

Most women monitor fibroadenoma through self breast exams. Follow-up ultrasounds or an ultrasound guided core biopsy may be recommended by a radiologist. Surgery is not necessary unless the fibroadenoma is unacceptable to the patient or if it continues to grow.



ADAM.



## Fibroadenomas are not cancerous.

You can see how fibroadenoma appear in different imaging in the picture to the left.

Sources:

The Royal Woman's Hospital; Peterborough Regional Health Centre